Large enough to cope,
small enough to care
At Able Care we believe that people are happiest in the familiar surroundings of their own home. We can support you in maintaining your independence by providing a valuable alternative to residential care, whilst easing the reliance upon family, friends and neighbours.

Able Care’s aim is to keep you in your home and in the community you love. We fully understand the importance of providing for an individual’s needs and the benefits of maintaining as much independence as possible.

Who we are

Able Care has provided a live-in care service since 1980 under the directorship of Hilary Betts and the management of Michelle Betts. Today we are still very much a family run business with over 30 years experience in live-in care.

Able Care believes each person is an individual and we deliver a tailor made service to complement your way of living to help promote your independence and maintain your dignity.
“In 1986 I had personal experience of the service and care that we provide. Several years after my mother died it became apparent that my father had started to become very confused and could not safely live at home on his own any longer. I knew the one thing he would not want was to go into residential care. He would want to stay in the home that he had built for his wife and daughters, continue to potter in the garden and be in the area that we had lived since the 1940’s. I found two housekeepers to alternate, working two weeks on and two weeks off.

My father was happy in his own surroundings and after a while in his confusion he was calling one of the housekeepers Edna, which was my mother’s name. He died peacefully at home which is where he would have wanted to be. For me it was the most satisfying thing that I could have done for my father. Now 30 years on the satisfaction and contentment I felt is what I still want for my clients and their families today.”

Hilary Betts, Director.

Able Care can provide you with:

- Carers that have time for you
- Carers that can assist with personal care
- Carers to help you with your domestic needs
- Carers that can provide support from companionship through to palliative care
- Carers that you prefer returning regularly
What we can do for you

Initially we offer a free assessment to ascertain your needs and to give you and your family members or friends the opportunity to discuss any concerns they may have around the way Able Care operates. After this assessment an offer letter is sent to you and if you decide to go ahead with 24 hour live-in care we will put together a comprehensive care plan with the information given to us at the initial assessment. This is an individual care plan written especially for you around your care needs. At this stage you are assigned a care co-ordinator who arranges your carers. Your care co-ordinator uses the information given to us by you to choose the right carer for you.

Able Care then establishes a rota of preferred returning carers living-in on either a weekly or two weekly basis. Your carer will provide you with all the support you need to continue to run your home as efficiently and effectively as you would like. Your carer will become a familiar face to you and we hope you look forward to each carer’s arrival.

As Able Care offers a continuous 24 hour live-in care service our carer waits on the day of departure, for the next carer to arrive, this way constant cover is established. The outgoing carer will give the incoming carer a full account of the past week’s activities and details of any forthcoming events.

Once a carer has completed their week your co-ordinator will call you or your chosen representative to ensure you were happy with the care received and whether you would like that carer to return. We generally try to establish a rota of no more than two to three regular carers for you.
Why choose Able Care?

At Able Care we match our carers to our clients on individual needs and common interests. Our carers are normally aged between 35 and 70 years and are all experienced. We are always looking to help our carers further their knowledge by offering additional training in areas such as SOVA (Safeguarding of Vulnerable Adults), dementia and manual handling for clients with disabilities.

Able Care understands the challenges we all face in later life and know that no two clients’ needs are the same. You may need support as husband or wife so that you can both remain in the family home. Able Care carers tailor their approach to your current way of life to ensure you get the support that you need.

All our carers go through interview, induction and come with excellent references. They are also checked through the Disclosure and Barring Service (DBS).

Your designated care co-ordinator will ensure that you receive the care and support you expect as well as managing day-to-day changes in your care package. They will be in regular contact with you to discuss your incoming and outgoing carer. Your care co-ordinator is highly successful in matching the right carer for you.

Our benefits include:

• Over 30 years of specialising in 24 hour live-in care
• Free no obligation assessment
• No fixed term contracts
• No registration fee
• A personalised care plan tailored to your needs
• Regular communication from your dedicated care co-ordinator
• 24 hour emergency on-call service
• We are regulated by the Care Quality Commission whose website address is www.cqc.org.uk
How much does it cost?

There are two main fees for the care that we provide; our agency fee and the carer’s salary. Our agency fee for 24 hour live-in care is £90 + VAT per week and covers all the arrangements of your care. Carer’s salaries range from £510 to £600 per week depending of the level of care you may require. Please see the table below for a full list of costs.

<table>
<thead>
<tr>
<th>Service</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Able Care fee</td>
<td>£90 per week + VAT</td>
</tr>
<tr>
<td>Able Care fee for short term respite/holiday care</td>
<td>£120 per week + VAT</td>
</tr>
<tr>
<td>Carer’s salary</td>
<td>£510 – £600 per week</td>
</tr>
<tr>
<td>Salary enhancement for public holiday</td>
<td>£45 per day</td>
</tr>
<tr>
<td>Salary enhancement for Christmas Day, Boxing Day and New Year’s Day</td>
<td>£65 per day</td>
</tr>
<tr>
<td>Reasonable travel expenses to and from the client’s home</td>
<td>£35 max per rotation</td>
</tr>
</tbody>
</table>

Should a client wish to take a carer on privately once introduced by Able Care then a fee of £1000 + VAT will be charged.

For more information or to arrange a free assessment call Able Care on 01603 624135.

Able Care office hours are Monday to Friday from 9am – 4.30pm.

Testimonials

“Able Care provided my mother, Mrs Marjorie Young, with full-time, live-in care for nearly eight years from 2007. The service was most satisfactory. The carers were first-rate, competent, experienced and devoted. My mother relied on them totally and was never let down. Whenever Able Care had to replace them at short notice, the agency did so most efficiently.

Able Care were always available to provide advice and support. It was a huge reassurance to know that one could rely completely on the agency. It took all the worry off my shoulders. I am most grateful.”

Sir Rob Young

“I would like to take this opportunity of expressing my sincere and grateful thanks to you and your staff for the care, support and kindness that you have given not only to Doreen but to me and my staff over the last few years. I have to admit, that when I first met you to discuss Doreen’s care, I never thought that she would still be in receipt of that care some seven years later.

You and your colleagues have always been professional and caring in your manner and I am grateful to you. I have a lot of comfort in knowing that we were able to keep Doreen at home in accordance with her wishes and the care that she received from everyone was second to none.”

Susan Dawe, Solicitor